2: Covarrubias R-5 (1930-1933) 1938
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brown colour, bathe the pig, before roasting, in tumeric crushed in water, and rinse off the excess root. Make a big wood fire and place the pig not directly over it, but towards one side. Forked branches should support the end of the stick that serves as a spit, one end of which is crooked to be used as a crank by a man who turns the pig constantly (*guling* means to turn), while another man fans the fire to direct the flame and smoke away from the pig. The heat should be concentrated on the head and tail and not in the middle so as not to crack the skin of the stomach.

After a few hours of slow roasting the juiciest and most tender pork is obtained, flavoured by the fragrant spices, inside of a deliciously brittle skin covered with a golden-brown glaze. Few dishes in the world can be compared with a well-made *bé guling*.

When the food is ready and the guests are assembled, sitting in long rows, they are served by the leading members of the *bandjar* and their assistants, who circulate among them carrying trays with pyramids of rice and little square dishes of palm-leaf pinned together with bits of bamboo, containing chopped mixtures, *satés*, and little side dishes of fried beans (*botor*), bean sprouts with crushed peanuts, parched grated coconuts dyed yellow with *kunyit*, and preserved salted eggs. Others pour drinks; *tuak* (palm beer), *brom*, a sweet sherry made from fermented black rice, or more rarely *arak*, distilled rice brandy. More frequently water alone is served; it is only old men who are fond of alcoholic drinks, drinking, however, with moderation and never becoming drunk. During our entire stay in Bali we never saw a man really drunk, perhaps because the Balinese dread the sensation of dizziness and confusion, of losing control over themselves.

COSTUME AND ADORNMENT

At home and at work the Balinese like to be free of excessive clothing; ordinarily the dress of both men and women consists simply of a skirt called *kamben* (the women wear an underskirt —